

PERSONAL STATEMENT

I'm a 45 (almost 46) young woman. Radio and television have been my passion since I was a little girl when I imagined having my own show. In fact, that little girl dream become true, so radio and television have been my life for more than 20 years. But, apart from my experience working as a presenter and producer, I am also a woman of challenges, and that is what guides me. This time it brought me to another country. Nevertheless, I continue to update myself and helping others to get jobs in my area of expertise, namely to television and radio station that request my services, to improve their journalists, reporters, and presenters in how to use their voice and their posture. I love radio, I love television, but above all, I love communication and people! At this present moment I started to be part of a community radio in St Peter's hospital.

KEY SKILLS

- Excellent coaching and development skills, having more than 10 years of experience.
- Excellent presentation and performance skills.
- Creative, I can generate original ideas and act creatively about how to communicate them to audiences.
- I have a strong knowledge of the radio market, program styles and audience demographics.
- I have excellent communication skills.
- Profound understanding on how to use the voice effectively on radio, television and other media platforms.
- Able to work effectively under pressure.
- experience in a customer service role
- I have strong IT skills, namely word processing, audio editing, social media- Creating Content, Podcasting and others.
- Able to present while operating studio controls and coordinating a range of simultaneous technical activities.
- Experience of working within production teams. And producer and Editor of my own Podcast.

WORK EXPERIENCE



2017

Portuguese Speaking Compliance Viewer (Turner Broadcasting System Europe Limited)

To comply editorial content and global broadcast codes, upholding the highest standards.



2015/2017 (COFINA GROUP & TDM Macao)

Consulting and training to the Portuguese television CMTV channel and to TDM - Macau television. Apart from this, I continue to give my voice to projects from all over the world, and work as agent for other voice talents.



2013/2017 (112 STUDIOS)

Narrator and doubling coordination at 112 Studios



2008/2015

RADIO RENASCENÇA (Portuguese Catholic Radio)

Reporter, Producer, Voice Over, "Morning show" Presenter.



2000/2015

SIC NOTÍCIAS

Voice Over - Documentary program "Toda a Verdade".



1997 / 2013

BIO. CHANNEL, PANDA, ODISSEIA, DISCOVERY

Channel Female Voice



2007

UNIVERSIDADE ABERTA

Presenter of the TV show "Encontro" broadcast in RTP2, RTP international and RTP Africa.

1986-2008

RADIO CARTAXO; RADIO ATNEU; RADIO O RIBATEJO; RADIO IRIS; RADIO PARIS DE LISBOA

Presenter several local radio stations since 1986 to 2008.

EDUCATION

2016

TWOFOLD Portugal

Post-Degree in "Training Management"

SEPTEMBER 2016

CEV BRASIL

Course "The use of coaching strategies in rehabilitation and vocal enhancement"

2013/2014

UNIVERSITAT POMPEU FABRA

Post-Degree in "Radio and Television Voice Over."

LANGUAGES

- Portuguese Native
- English Fluent
- Spanish Intermediate
- French Intermediate